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JAUNUOLIŲ DIENOS CENTRAS

## **ACTIVITY 1 BUILDING BRIDGES FOR YOUTH EMPOWERMENT**

### **Understanding our challenges as organization + providing the right solution**

#### **THE CONTEXT (introduction)?**

Our organization JDC (youth day center) - budgetary social purpose institution for people with impaired intelligence from the age of 18, providing day social care, non-formal education and general social services.

#### **THE PROBLEM WE FOUND:**

Low involvement of parents/guardians in the community events and activities of our institution.

#### **THE SOLUTION APPLIED:**

To interview parents/guardians and find out their wishes, needs, and what are the reasons for non-involvement.

Organize a joint event/trip for community members to get to know each other better and to break away from the routine.

#### **ACTIVITY 1: explanation and important details about activity**

**Date:** 1st of June 2022

**Type of activity:** Anonymous questionnaire for all parents/guardians. Questions about their wishes, needs, what they would like differently in the life of our community. We also asked what kind of events or activities they would like more of.

**Activity members:** 70 parents/guardians.

#### **Questions for the parents/guardians?**

- How do you rate JDC efforts to involve parents/guardians in community life?
- How often you get involved in JDC organized events/celebrations?
- What reasons determines your choice to participate/not participate?
- What kind of organized events/festivals would you like more?
- Which days of the week would you prefer to have a trip/events?
- What time of day (hours) would be better for trips/events?
- Let's dream! if you had the opportunity to go to any place in Lithuania with JDC community, what place it would be?
- Choose the picture that most represents you in the life of the JDC community. Picture options: ostrich, hamster, bee, giraffe, panda.

#### **Main results of research:**

- Most of parents/guardians rate JDC's efforts well.
- Most of parents/guardians rarely get involved in organized events.



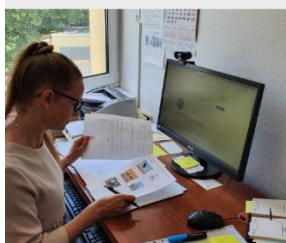
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- The most common reasons for non-participation are working hours, health problems, personal reasons.
- Parents/guardians would like more trips and educational activities.
- Best time to trips/events is weekend, any hour.
- Greatest wish of parents/guardians is to go by the sea with the JDC community.
- Most parents/guardians says that the picture of the bee represents them the most.

#### Conclusions and decisions we made:

- We received 58 responses out of 70 and made a summary of the answers.
- We decided to organize a free trip by the sea for community members, with educational and other interesting activities.
- If parents will not have a place where to leave their child, we will provide them with this opportunity.



# ACTIVITY 1 BUILDING BRIDGES FOR YOUTH EMPOWERMENT LITHUANIA





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## ACTIVITY 2 BUILDING BRIDGES FOR YOUTH EMPOWERMENT Make a changes

### Explanation and important details about activity

**Date:** 3rd of October 2022

**Type of activity:** 8 hours training with professional lecturer for JDC community (employees and parents) called "Let's see each other again". Training was based on in-depth and experimental methods. Training was included coffee and snacks breaks.

**Course of training and participants:** Many new methods were tried during the training. The lecturer taught everyone to focus on themselves, to work within themselves and how to find trust in yourself and others.

There were 69 participants of JDC community in total (parents and employees).

**Conclusions:** During the training, everyone became more open, there was more communication, more laughter and smiles. The participant's trust in each other became stronger.

After training, all participants received questionnaires about event, and we received a lot of feedback that they were really happy about event, and that there could be more such trainings.

